

500 SECONDS TO JOY

A podcast for the Christian mama



ABOUT THE PODCAST

This is a podcast for the busy mom who needs a little extra joy in her day. I chat with listeners for just a few minutes and share some encouraging words & Biblical truth. I also have fabulous guests who are inspirational & remind the listeners that they matter and were created for a divine purpose.

WHAT CAN GUESTS EXPECT?

Interviews with guests take 20-30 minutes & I will promote you and your brand as my thank you. Past guests include Allie Casazza & Ashley Abercrombie.

74,000+
DOWNLOADS

Since the release of the podcast about a year ago

1,000+
IG FOLLOWERS

Steady stream of new followers since the creation of the podcast in September 2019

**5 STAR
REVIEWS**

About the host

**STEPHANIE
CLARISSE**

I am a wife and mom who loves to encourage other mamas to dream with God and find joy in everyday life. I love interviewing guests who also encourage and inspire moms to be who they are called to be. It brings me great joy to help other Christian podcasters launch & scale their podcast with ease and simplicity.

**To God be
the glory**

Love listening!

★★★★★

Jan 27, 2020

apuleo24

My Monday evening ritual after my kids are in bed is to sit down with a cup of tea and a simple project while I listen to this gem of a podcast. The episodes are short and sweet with practical tips and loads of encouragement for us moms! I've been listening since the podcast started and it's just gotten better and better. I've definitely enjoyed all of the guest authors this month. I've added three books to my collection as a result (can't wait to read them)! Stephanie is so easy to listen to and her heart for others really comes through in every episode. I look forward to my dose of "joy" every week!